

## SUNDAY GLUTEN FREE MENU

### Mains:

**Plated Roast (Beef, Turkey, or Pork)** Seasonal Vegetables & Gluten Free Stuffing, Chipolata, Yorkshire Pudding & Gravy

**Sweet Potato, Wild Mushroom & Red Onion Loaf** with Seasonal Vegetables & Gravy **(V)**

**Boathouse Battered Cod Fillet** with Chunky Chips, Garden Peas, Tartare Sauce & Salad Garnish

**The Boathouse Burger (8oz)** in a Gluten Free Bun with Relish, Baby Gem Lettuce, Tomato, Red Onion, Gherkin, Coleslaw, Onion Rings served with a choice of Chunky Chips, Sweet Potato Fries or Skinny Fries

Add: Cheese, Bacon, BBQ Sauce or Surf & Turf

**Pan Seared Seabass** with Crushed Potato, White Wine Cream Sauce & Seasonal Greens

**The Boathouse Hunters Chicken** with Bacon, Melted Cheddar Cheese, Smokey BBQ Sauce, Salad Garnish & Coleslaw served with a choice of Chunky Chips, Sweet Potato Fries or Skinny Fries

**Five Bean & Vegetable Burger** in a Gluten Free Bun with Relish, Gem Lettuce, Tomato, Red Onion, Gherkin, Coleslaw, Onion Rings served with a choice of Chunky Chips, Sweet Potato Fries or Skinny Fries **V**

**Slow Braised Lamb Shank** with Seasonal Vegetables

**Battered Halloumi** with Tomato Relish, Salad Garnish served with a choice of Chunky Chips, Sweet Potato Fries or Skinny Fries **V**

### Salads:

**Prawn Marie Salad**

**Goats Cheese & Roast Beetroot Salad** with Red Onion Marmalade

**Winter Rainbow Panzanella Salad**, Roast Beetroot, Winter Squash & Orange, with Herb Gluten Free Croutons & a Pomegranate & Blood Orange Vinaigrette **V**

### Children's Meals:

**Plated Roast (Beef, Pork or Turkey)** Seasonal Vegetables & Gluten Free Stuffing, Chipolata, Yorkshire Pudding & Gravy

**Homemade Chicken Goujons** & Chunky Chips with Peas or Baked Beans

**Homemade Cod Goujons** & Chunky Chips with Peas or Baked Beans

**The Boathouse Burger**, Chunky Chips with Peas or Baked Beans

### Side Orders:

Gluten Free Roll or Bread, Baked Beans, Coleslaw, Garlic Bread, Chunky Chips, Garden Peas, Onion Rings, Side Salad, Garlic Bread with Cheese, Cheesy Chunky Chips, Sweet Potato Fries, Skinny Fries

### Desserts:

**Ice Cream:** Strawberry, Vanilla, Chocolate, Mint Choc Chip, Honeycomb & Caramel

**Sorbets:** Mango, Raspberry or Lemon

**Crumble of the Day** with Vanilla Custard or Ice Cream

**Sticky Toffee Pudding** with Toffee Sauce & Vanilla Custard or Ice Cream

**Boathouse Sundae**, Vanilla Ice Cream, Chantilly Cream, Gluten Free Brownie Nuggets, Berry Compote, Meringue, with Chocolate, Raspberry or Toffee Sauce

### Children's Desserts:

**Mini Boathouse Sundae** Vanilla Ice Cream, Brownie Nuggets, Meringue with Chocolate, Raspberry or Toffee Sauce

**Mini Sticky Toffee Pudding** with Toffee Sauce & Vanilla Custard or Ice Cream

**Mini Chocolate Brownie** with Vanilla Ice Cream

**Ice Cream:** Strawberry, Vanilla, Chocolate, Mint Choc Chip, Honeycomb & Caramel

**All prices are the same as on the main menu**

We cannot guarantee that all our dishes are 100% free from nuts or derivatives.  
Please ask a senior member of staff if you have any special dietary requirements or allergies.